



沖繩剛柔流
石水道場

ISHI GOGYOU MARTIAL ARTS EDUCATION INC.

Sensei Tirrell Hill Biography

Sensei Tirrell Hill is the Chief Instructor of Ishi Gogyo Martial Arts Education Inc. and began his martial arts training in Goju-Ryu Karate at the age of four under the Goju-Kai in Ontario.



Since then, he has dedicated his entire life to the serious pursuit of discovering the "true essence of Goju-Ryu Karate", which involves rigorous daily training and dedication to teaching and the IOGKF, as well as its ideals and goals to preserve traditional Karate and pass it on to other generations.

Following his training with the Goju-Kai he was introduced to the IOGKF (International Okinawan Goju-Ryu Karate-Do Federation) and Chief Instructor Sensei Tetsuji Nakamura (6th Dan IOGKF, Chief Instructor IOGKF North America & Int'l Vice Chief Instructor IOGKF) who he has trained with diligently ever since at the Shudokan Family Karate and Fitness Centre in Burlington, Ontario which also acts as the headquarters for IOGKF Canada.

Also, Sensei Hill is a certified Submission Grappling Instructor and Coach with the OJA (Ontario Jiu-Jitsu Association), and has trained with the likes of accomplished submission grapplers such as Georges St. Pierre, Joe Stevenson and Gray Maynard; allowing him to develop a championship winning Submission Grappling team at Ishi Gogyo Martial Arts Education Inc.

Sensei Hill is also a certified Sport-Kickboxing Instructor under CASK (The Council of Amateur Sport-Kickboxing), training under CASK President, and World Kickboxing Champion Muzammal Nawaz at the Bay Area Athletic Centre in Burlington, Ontario weekly.



A Proud Member of IOGKF (International Okinawan Goju-Ryu Karate-Do Federation)
NORTH AMERICA

All Instructors are NCCP/CPR Certified and Actively Training to provide you with the best possible instruction
(905) 441-2256 1450 Hopkins St. Unit 2 L1N 2C3 ishigogyo@yahoo.ca